

2008 – 2009 CYFS' Family Connection's Parenting Classes/Workshop Schedule

Surviving the Teen Years	Six Easy Steps	TransParenting	Saturday Workshops
<i>Location: Independence Resource Center 815 Cherry Avenue</i>	<i>Location: Clark Elementary School 1000 Belmont Ave</i>	<i>Location: Albemarle County Office Bldg</i>	<i>Location: Gordon Library-1500 Gordon Ave</i>
<i>Time: 6 - 7:30 pm</i>	<i>Time: 6 – 7:30 pm</i>	<i>Time: 4 – 8 pm</i>	<i>Time: 10:00 – 12:00pm</i>
			TOPIC
Session One	Session One	July 16, 2008	September 6, 2008 Potty Training
September 17	September 9	August 20, 2008	October 4, 2008 Parenting Twins
September 24	September 16	September 17, 2008	November 1, 2008 Immunizations
October 1	September 23	October 22, 2008	December 6, 2008 Nutrition
October 8	September 30	November 19, 2008	January-no workshop
October 15	October 7	December 17, 2008	February 14, 2009 Kdg. Readiness
October 22	October 14	January 21, 2009	March 7, 2009 Quality child-care
		February 18, 2009	
Session Two	Session Two	March 18, 2009	May 2, 2009 Discipline
November 5	November 4	April 15, 2009	Invest in your/our children – attend a parenting class and/or workshop
November 12	November 11	May 20, 2009	
November 19	November 18	June 17, 2009	
December 3	November 25		
December 10	December 2		
December 17	December 9		
		<i>For more information or to enroll please contact the following CYFS staff members:</i>	
Session Three	Session Three	Surviving the Teen Years - This is a 6 week parenting class series for parents and their children (10 - 18) held on Wednesday evenings. Each class is 1 and ½ hours long. \$125 fee per family household for the 6 classes and 3 optional follow up family coaching sessions. Sliding scale available. Jack Gallagher (434) 296 4118 x 257	
January 21	January 27	Six Easy Steps - This is a 6 week parenting class series (each class is 1 and ½ hours long) held on Tuesday evenings for parents of children 2 -12 years old. \$40 fee per adult/\$75 fee per couple for entire series and 3 parent consultation sessions. Limited Free child care is also provided. Beth Castro (434) 296 4118 x 224	
January 28	February 3		
February 4	February 10		
February 11	February 24		
February 18	March 3		
February 25	March 10		
Session Four	Session Four	TransParenting Class - This is a one time four hour monthly class held on the third Wednesday of each month for separated or divorced parents who are both involved in parenting their children but are having some difficulty working together. \$50 fee/Sliding Scale. Gail Dunne (434) 296 4118 x 232	
March 25	March 24	Saturday Morning Workshops - This is a free 1 and ½ hour monthly parenting workshop for parents of children 0-6 years of age. Limited FREE child care is provided. Registration for child care is required. Debbie Baber (434) 296 4118 x 0	
April 1	March 31		
April 8	April 14		
April 15	April 21		
April 22	April 28		
April 29	May 5th		
Mobile Parenting Center Project (MPEP)			
<p>PARENTING MOBILE: WestHaven Southwood Mallside/Rio Hill Parks Edge</p> <p>REAL DADS PROGRAM C'Ville Neighborhoods</p>			