

Children, Youth & Family Services

Fiscal Year-End Report - 2007-08

In 2007-2008, increased community support helped us expand and adapt services to better meet the changing needs of the children and families we serve. We participated in new community collaborations designed to eliminate duplication of services and maximize impact by piggybacking services for a more holistic approach to family and child wellbeing. With the help of board members, staff, and invested community members, CYFS developed and implemented a new strategic plan to guide our efforts for the next five years. The new plan pushes CYFS to 1) be a high quality, high performance agency; 2) be known in this community as a leader for early childhood services and expertise; and, 3) create a parenting center through which a wide range of parenting issues are being addressed.

Program Achievements in 2007-2008

The ParentingMobile continued to offer a tremendously successful connection to families right in their own neighborhoods, bringing them parenting support from knowledgeable parent educators and assisting them with a range of community services. New visits began in the Southwood community, a primarily Latino low-income neighborhood, with the assistance of a bilingual volunteer. The Junior League partnered with the program to offer developmental playgroups and literacy activities for young children. A new partnership was also initiated with local food co-ops that provided free fresh food for 654 families and 1270 children.

REAL Dads expanded its reach through collaboration with the regional jail, ParentingMobile, and Home Visiting program. Fatherhood Specialist Eddie Harris served 115 new clients providing a total of 251 visits throughout the year. Outreach efforts provided an additional 147 dads with support materials about fathering. While developing the project at the jail, 10 incarcerated dads received in-depth services. Participating dads have expressed overwhelming appreciation for the program and the impact it has had on their family relationships.

Home Visiting fully implemented a new curriculum, Parents as Teachers (PAT), which assists parents in interacting with their young children. Recent studies continue to confirm that the PAT curriculum improves school readiness and that the positive impact continues throughout children's academic careers. Research shows that kindergarten readiness is a more significant factor for overall school success than other issues such as poverty.¹ Our staff was trained and excited to bring this program to the 79 young parents we visited this past year.

Child Care Quality Program's Seal of Quality Child Care increased by 150% the number of providers participating in the Seal of Quality Care quality rating system. Through collaboration with Smart Beginnings, Child Care Quality Educators mentored these providers during the year to improve the quality of the care they give to young children and Seal participants each received \$500 mini-grants that provided them with materials needed to move forward. It is notable that two Seal providers achieved Level 3 in the 4-step quality rating system!

STAR Kids: With new funding, the program added five new classrooms, helping 103 new children learn to get along with others, manage their feelings, think independently, control their own behavior, cope with difficulties, solve problems, and make safe and healthy choices. Teachers report that children in the program are using more pro-social behaviors, aiding in classroom management and supporting a better learning environment for all children.

¹ <http://www.parentsasteachers.org/site/pp.asp?c=ekIRLcMZJxE&b=272091>

Play Partners: With several new volunteers, Play Partners added one new child care setting and served 22 more children in our area. Additionally, we provided training and our curriculum so that this locally-grown program could be replicated in a South Carolina community with a large population of low-income and at-risk children, allowing even more children to benefit.

2007-08 by the Numbers

Beneficiaries	2006-07	2007-08
Early Childhood Programs		
Play Partners	151 children	173
STAR Kids	242 children	328
Victims of Child Abuse	56 child victims	56
	63 family members	63
Teen Services		
Runaway Hotline	156 calls	107
Counseling	28 teens	100
RESP Shelter	14 teens	15
Outreach		2121
Parent/Family Education		
Family Connections	303 parents	370
	31 teenagers	35
ParentingMobile	1,000	808
Home Visiting	60 parents/78 children	79/94
	960 home visits	954
Child Care Quality		
Resource and Referral	626 families	541
Child Care Quality	251 child care providers	245
End-of-Year Income and Expenses:		2007-08
Income:	Federal/state government grants	\$486,925
	Localities funding	\$217,038
	Service fees	\$182,573
	Corporate & foundation grants	\$83,267
	Contributions	\$149,839
	Events	\$24,475
	United Way	\$45,835
	Other (includes refunds & interest)	\$2,656
TOTAL		\$1,192,608
Expenses:	Personnel	\$941,785
	Staff development & training	\$1,347
	Professional fees	\$16,665
	Building, utilities, repair & maintenance	\$34,141
	Insurance	\$13,269
	Equipment & office supplies	\$26,517
	Program costs, travel, postage, printing	\$112,300
	Other (*includes fees, memberships, advertising)	\$31,583
TOTAL:		\$1,177,607
Net Income:		\$15,000

Who Funded CYFS in 2007-2008

Corporate, Civic and Private Foundations (\$1,000 or more)

United Way	\$45,835 for Various Programs
Anonymous	\$15,000 for VOCA
Women United in Philanthropy	\$14,525 for VOCA
Family & Children's Trust Fund (FACT).....	\$ 7,500 for Family Connections
Bama Works Foundation	\$ 6,500 for Family Connections
Charlottesville Area Community Foundation.....	\$ 5,000 for Play Partners
J & E Berkley Foundation.....	\$ 5,000 for Runaway
Initiative for Effective Nonprofits	\$ 4,744 for Strategic Planning
Better Living Foundation.....	\$ 4,500 for General Operating
Junior League.....	\$ 4,400 for Family Connections
LEAW Family Foundation	\$ 4,000 for VOCA
Bank of America	\$ 3,000 for STAR Kids
Lexis Nexis	\$ 2,700 for Play Partners
Ronald McDonald House.....	\$ 2,000 for Family Connections
St. Paul's Memorial Church.....	\$ 2,000 for Play Partners
Target Stores	\$ 2,000 for Play Partners
Tzedakah Fund – Congregation Beth Israel.....	\$ 1,500 for Home Visiting
Junior League.....	\$ 1,000 for Family Partners
Westminster Presbyterian Church.....	\$ 1,000 for Play Partners

Government and Locality Funding

Runaway & Homeless Youth Grant	\$167,524 for Runaway
City of Charlottesville.....	\$123,174 for Various Programs
Healthy Families State Grant	\$106,826 for Home Visiting
County of Albemarle.....	\$ 91,864 for Various Programs
Virginia Tobacco Settlement Foundation	\$ 74,492 for STAR Kids
CSA Trust Fund	\$ 47,676 for Home Visiting
Virginia Community-Based Child Abuse Prevention.....	\$ 47,318 for Family Connections
Governor's Office of Substance Abuse Prevention	\$ 30,263 for STAR Kids
Healthy Marriage Stable Families	\$ 22,500 for Family Connections
Fluvanna County.....	\$ 2,000 for Various Programs

Contracts

Smart Beginnings-United Way Thomas Jefferson Area	\$101,695 for Child Care Quality
VACCRRN	\$ 33,968 for Child Care Quality
SFP- Region Ten Community Services	\$ 5,700 for Family Connections
Monticello Area Community Action Agency.....	\$ 5,000 for STAR Kids

New Developments for 2007-2008

Home Visiting: CYFS has secured funding to provide mental health services for mothers participating in the Home Visiting program who have symptoms of perinatal depression and anxiety (PD/A). A professional social worker experienced with treating mothers with depression is providing in-home counseling services that are free-of-charge to program participants.

Research has shown that perinatal depression is the most common medical complication of childbirth and affects almost one in five women nationally. Studies have also shown that low-income women are more vulnerable to PD/A due to risk factors such as lower incomes, paternal absence, and inadequate mental health care. Over the past few years, the Home Visiting Team has seen a correlation between depressed mothers and poor outcomes for children. These anecdotal observations echo the words of child and family experts across the country. Studies show that babies and children of mothers suffering from untreated depression are at a higher risk of child abuse/neglect; may develop poor attachment or relational skills; and suffer from cognitive and developmental delays. By offering counseling to these moms, we hope to help them better manage their own needs so that they can best respond to the needs of their kids. Treatment is expected to improve mother-child bonding and the parents' ability to love and care for their child or children. It is estimated that 65 mothers in the CYFS Home Visiting program will be served in the first year.

Victims of Child Abuse: To simplify the process and maximize available services for victims, VOCA has focused on enhancing collaborations with other victim-related providers. VOCA is working closely with the Foothills Child Advocacy Center, which coordinates services for victims, beginning with a child-friendly interview with the trained forensic interviewer and including case management services for children and their non-offending family members. The VOCA program provides counseling services at no-charge to victims of child abuse and their non-abusing family members, and serves as the primary referral agency for Foothills' clients. In the coming year, the Child Advocacy Center is expected to move into the CYFS building to streamline the administrative process and increase the convenience, immediacy and coordination of services to children who are victims of child abuse and their families. VOCA will also be expanding to provide supervised visitation services so that children have a safe and monitored environment in which to visit with their non-custodial parent. In a partnership with the Commonwealth's Attorney's office, we will conduct extensive awareness and outreach activities on child abuse prevention in area schools.

RESP: With the recent addition of a full-time counselor, the Runaway Emergency Services Program (RESP) has significantly expanded its outreach program, making presentations to all area schools and counseling staff and establishing an approachable presence in many key teen hangout sites, such as area skate parks, the downtown mall and local libraries. Outreach and education activities have helped to prevent crisis situations that can lead teens to seek out dangerous lifestyle choices such as leaving home. RESP has updated the program's Facebook and MySpace pages, social networking sites very popular with teens, as another means for reaching at-risk youth. In addition, RESP's Program Manager has begun co-facilitating the "Surviving the Teen Years" class, which teaches appropriate parenting techniques for parents and their teenagers, providing an outlet for the teens to have their issues heard and discussed.